

SOFT DRINKS

Coca-Cola / Diet Coca-Cola	half pint	£1.95
Sprite Lemonade	pint	£1.95
Orange Juice		£3.75
Apple Juice		£1.95
Cranberry Juice		£1.95
Mango Juice		£1.95
Aloe Vera Drink		£1.95
Belvoir Fruit Presse - Lime and Lemongrass	250ml	£2.40
Belvoir Fruit Presse - Pomegranate and Raspberry	250ml	£2.40
JzO - Orange and Passion Fruit 330ml		£2.40
JzO - Apple and Mango 330ml		£2.40
JzO - Apple and Raspberry 330ml		£2.40
Mineral Bottled Water - still/sparkling	330ml	£1.95
Mineral Bottled Water - still/sparkling	750ml	£3.25

NON-ALCOHOLIC COCKTAILS

Tropical Sunrise - Orange, Cranberry and Apple Juice	£3.25
Soft Indian Summer - Cranberry, Apple Juice & Strawberry Puree	£3.25
Cranberry Fizz - Orange Juice, Cranberry Juice and Sprite	£3.25
Ginger Twist - Sweet Ginger, Mango Juice and Sprite	£3.25

BUBBLE JUICES

Mango Bubble Juice - Apple juice, real mango puree and mango bubbles	£3.50
Strawberry Bubble Juice - Cranberry Juice, real strawberry puree and strawberry bubbles	£3.50
Aloe Vera Bubble Juice - Aloe Vera juice, Sprite and Lemon/Lime bubbles	£3.50

COFFEE / ASIAN TEA

Jasmine Tea	£0.95
Green Tea	£0.95
Cafetiere Coffee	£2.45

• For wines, please see our separate wine list •

OPENING HOURS

NB: During quiet periods we may close early and during busy periods we may stay open later, please call to check.

Monday	12pm - 3pm / 5pm - 10pm
Tuesday	12pm - 3pm / 5pm - 10pm
Wednesday	12pm - 3pm / 5pm - 10pm
Thursday	12pm - 3pm / 5pm - 10pm
Friday	12pm till 10pm
Saturday	12pm till 10pm
Sunday	12pm - 3pm / 5pm - 9pm

BOTTLED BEER AND CIDERS

Asahi Super Dry 330ml (Japan)	5%	£3.25
Tsing Tao 330ml (China)	4.7%	£3.25
Tiger 330ml (Singapore)	4.8%	£3.25
Singha 330ml (Thailand)	5%	£3.25
Crabbies Ginger Beer 500ml	4%	£4.15
Magners Apple Cider 568ml	4.5%	£4.15
Kopperberg Strawberry & Lime 500ml	4%	£4.15

LIQUEURS AND SPIRITS

Baileys	50ml	£4.15
Vodka	25ml	£2.95
Bacardi	25ml	£2.95
Malibu	25ml	£2.95
Passoa (Passion Fruit)	25ml	£2.95
Gin	25ml	£2.95
Bells	25ml	£2.95
Kahlua	25ml	£2.95
Remy Martin VSOP	25ml	£3.60
Double up all of the above		£2.00

MIXERS

Dash of Coke/Diet Coke/Sprite/Fruit Juice	£0.55
Britvic Tonic Water 125 ml Regular	£0.95
Schweppes Ginger Ale 125 ml Canada Dry	£0.95

SAKE

Japanese Rice Wine in a 180ml flask with sake cups 13.5%	£4.50
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COCKTAILS

Black Russian	£5.95
Vodka, Kalua and Coke	£5.95
Moscow Mule	£5.95
Vodka, Lime Juice and Ginger Ale	£5.95
Pink Passion	£5.95
Passoa (passion fruit liqueur), Vodka, Lime Juice and Lemonade	£5.95
Irish Mint	£5.95
Baileys, Creme de Menthe, Milk and Ice Cream	£5.95
Mango Breeze	£5.95
Malibu, Passoa, Mango Juice and Orange Juice	£5.95

All prices include VAT. Service is not included.

Most major credit and debit cards accepted.

noodle one

166 High Street, Bangor
Gwynedd, LL57 2NU
01248 35 44 18

www.noodleone.com



Take-Away Service available

noodle one
Japanese & South East Asian Noodle Bar

noodle one
166 High Street, Bangor, LL57 1NU.
☎ 01248 35 44 18

WELCOME TO NOODLE ONE

A JAPANESE & SOUTH EAST ASIAN NOODLE BAR

STARTERS

PRAWN CRACKERS	£1.75
SESAME GREEN BEANS ☉	£3.45
Fine green beans in our homemade sweet and creamy sesame sauce. Served chilled.	
SALT AND PEPPER TOFU ☉	£3.95
Lightly fried Tofu, crispy on the outside, soft on the inside, seasoned with salt & pepper - simple but delicious	
CRISPY PORK WONTONS	£3.95
Handmade wonton parcels filled with our own marinated minced pork percie.	
PRAWN TOAST	£3.95
Our own recipe, handmade prawn toast dipped in black and white sesame seeds and fried till golden brown. Served with sweet chilli sauce.	
SPICY CRISPY TOFU ☉	£3.95
Chunky tofu pieces rolled in our own spice recipe then hand coated in crispy panko bread crumbs and fried till golden brown. Served with sweet chilli sauce.	
VEGETABLE GYOZA ☉	£3.95
Finely chopped vegetables marinated in our own spice recipe hand wrapped in Japanese dumpling pastry and fried till golden brown. Served with sweet chilli sauce.	
CHICKEN SATAY ☉	£4.25
Marinated chicken breast skewers cooked in a sweet and spicy homemade marinade.	
ORIENTAL SPARE RIBS	£4.45
Sweet, sticky and salty pork ribs cooked in our special homemade sauce.	
PANANG CHICKEN WINGS ☉	£4.45
Chicken wings cooked in a sweet and spicy homemade marinade.	
BO PIA PED	£5.45
Our own recipe roasted duck, hoisin sauce and vermicelli noodles hand wrapped in spring roll pastry, fried till golden brown. Served with sweet chilli sauce.	

SOUPS

MISO SOUP ☉	£2.45
A classic Japanese soup. Soy bean, wakame (seaweed), tofu and spring onion in a homemade broth, garnished with chilli oil.	
CHICKEN AND SWEETCORN SOUP	£3.75
Homemade, thick chicken and sweetcorn soup, garnished with spring onion and chilli oil.	
PORK WONTON SOUP	£3.95
Handmade pork wonton parcels poached in our fragrant homemade broth. Served with egg noodles, spring onions and beansprouts, garnished with chilli oil.	

SIDE DISHES AND EXTRAS

JAPANESE PICKLES ☉	£0.95
PICKLED GINGER (BENI SHOGA) ☉	£0.95
CRISPY FRIED SHALLOTS ☉	£0.95
CRUSHED CASHEW NUTS OR PEANUTS ☉	£0.95
FRESH CORIANDER ☉	£0.95
FRESH CHILLI ☉	£0.95
CHILLI OIL ☉	£0.95
EXTRA SAUCE (SATAY, RIB, KATSU ETC) ☉	£2.45
EGG-FRIED RICE ☉	£2.45
STEAMED RICE ☉	£2.25
CHIPS ☉	£2.45
STEAMED VEGETABLES ☉	£2.45

EXTRA NOODLES

WOK-FRIED UDON NOODLES ☉	£2.45
WOK-FRIED RICE VERMICELLI NOODLES ☉	£2.45
WOK-FRIED FLAT RICE NOODLES ☉	£2.45
WOK-FRIED EGG NOODLES ☉	£2.45



☉ Vegetarian option available, please inform your server

MAIN MEALS

PLEASE CHOOSE YOUR MAIN INGREDIENT.....

VEGETABLES ☉ £8.95	your choice of mushrooms or aubergine	SHICHIMI DUCK £10.95	pan fried shichimi marinated, spiced, duck breast served sliced
CRISPY TOFU ☉ £9.75	fresh tofu slices, fried till crisp outside but still soft inside	BEEF TERIYAKI £10.95	slices of rump steak marinated in teriyaki sauce and wok fried
CHICKEN TERIYAKI £9.95	chicken breast marinated in teriyaki sauce and char grilled, served sliced	KING PRAWNS £10.95	poached in Fragrant stock

ADD AN EGG TO YOUR DISH £1

RAMENS

For all ramens and noodles, the vegetables are beansprouts, spring onions, sugar snaps, red onions and bamboo shoots.

RAMEN ☉	Egg noodles and vegetables served in a tasty homemade broth, garnished with chilli oil.
CHILLI RAMEN ☉	Egg noodles and vegetables served with coriander, chilli and lime in a homemade chilli broth.
MISO RAMEN ☉	Egg noodles and vegetables served with Japanese wakame (seaweed) in a tasty homemade broth, garnished with chilli oil.
KARE LOMEN ☉	Egg noodles and vegetables in a creamy coconut and lime homemade broth garnished with cucumber, coriander, chilli and lime.
SUKIYAKI RAMEN ☉	(A Thai variation on a Japanese classic) egg noodles and vegetables served in our special homemade sweet and fragrant Sukiyaki broth. Garnished with coriander, peanuts, chilli and lime.
TOM YUM NOODLE SOUP ☉	(Thailand's favourite) egg noodles and vegetables served in a fragrant homemade chilli, lemongrass & lime leaf broth garnished with coriander, peanuts, chilli and lime.
BOATMAN'S NOODLES ☉	(A street food favourite) egg noodles and vegetables served in our homemade peppery and warming star anise, soy, chilli & cinnamon broth. Garnished with coriander, chilli and lime.



Beef Sukiyaki Ramen

WOK-FRIED NOODLES

For all wok-fried noodle dishes, the vegetables are white onion, peppers, spring onions, beansprouts, white cabbage and seasonal greens.



Chicken Pad Thai

YAKISOBA ☉	(A Japanese favourite) egg noodles and vegetables, wok-fried with our special homemade yaki sauce, garnished with fried shallots, pickled ginger and sesame seeds.
CHILLI YAKISOBA ☉	Egg noodles and vegetables, wok-fried with our special homemade chilli yaki sauce. Garnished with cashew nuts, coriander, chilli, lime and chilli oil.
GADO GADO ☉	Indonesian style wok-fried egg noodles and vegetables with our flavoursome peanut and coconut sauce, garnished with fried shallots, coriander, chilli, lime, and sesame seeds.
SUKIYAKI ☉	Japanese style wok-fried egg noodles and vegetables with Noodle One's special homemade sukiyaki recipe (a sweet and spicy sauce) garnished with peanuts, coriander, chilli and lime.
PAD THAI ☉	(Classic Thai street food) wok-fried rice noodles and vegetables with our special homemade Pad Thai recipe (a sweet tamarind sauce) garnished with fried shallots, peanuts, coriander, chilli and lime.
PAD KRA PRAW ☉	Wok-fried egg noodles and vegetables with our special homemade pad kra prau recipe (a sweet basil and chilli sauce) garnished with cashew nuts, coriander, chilli and lime.

Unless stated in the description all our dishes come with egg noodles as standard. Why not try one of these other noodles? Just add £0.50
RICE NOODLES flat in shape and made from rice flour (3mm)
UDON NOODLES white, round in shape and thick (3mm)
RICE VERMICELLI made from rice flour, very fine and thin, round noodles

RICE DISHES

SWEET AND SOUR ☉	Tasty and tangy pineapple, peppers, carrots and spring onions in our homemade sweet and sour sauce, served with steamed rice and sesame seeds. Only available with king prawn, chicken or tofu.
CHA HAN ☉	Egg fried rice with onions, peppers, sugar snaps, sweetcorn and spring onions in our homemade Yaki sauce. Garnished with fried shallots, Japanese pickles, coriander, chilli and lime.
KHAW PAD KRA PRAW ☉	Wok-fried rice with peppers, onions, sugar snaps and beansprouts in our homemade pad kra prau recipe (a sweet basil and chilli sauce). Garnished with cashew nuts, coriander, chilli, lime and sesame seeds.

CURRY DISHES

KATSU CURRY ☉	Handmade panko breaded chicken or tofu, coated in a mild Japanese curry served with steamed rice and Japanese pickles. Only available with chicken or tofu.
THAI GREEN CURRY ☉	A fragrant coconut, chilli, lemongrass and lime leaf curry with bamboo shoots, onions, peppers, sugar snaps, beansprouts and spring onion. Served with steamed rice and garnished with coriander, sesame seeds and lime.



King Prawn Thai Green Curry, Chicken Cha Han, Tofu Kare Lomen